

Effective May 2018

## SUNDAY

Noon New Life  
OW Coulee Council  
921 West Ave South  
LaCrosse WI

7PM New Life  
CW Coulee Council  
921 West Ave South  
LaCrosse WI

## MONDAY

7PM More Cowbell  
OW Basic Text Study  
Journey Lutheran Church  
2703 Sand Lake Road  
Onalaska WI

## TUESDAY

6-7PM Ties that Bind Grow Stronger w/Time  
CW Wesley United Methodist Church  
8<sup>th</sup> & King Streets  
LaCrosse WI

7PM Women Helping Women  
CW Womens  
Christ Episcopal Church  
111 9<sup>th</sup> St N (upstairs)  
LaCrosse WI

## WEDNESDAY

5:30PM It Works  
C Riteway Club (Upstairs)  
805 ½ Sill St (Sill & Avon)  
LaCrosse WI

7PM More Cowbell  
OW Living Clean Study  
Journey Lutheran Church  
2703 Sand Lake Road  
Onalaska WI

## THURSDAY

7:30PM Amethyst Group  
CW Coulee Council  
921 West Ave South  
LaCrosse WI

## FRIDAY

7PM Friday Night Discovery NA  
OW Family & Childrens Center  
(basement – rear entrance)  
1321 N Main Street  
Viroqua, WI

7:30PM Work it!  
-9PM Riteway Club (Upstairs)  
O 805 ½ Sill St (Sill & Avon)  
LaCrosse WI

## SATURDAY

10AM It Works  
C Riteway Club (Upstairs)  
805 ½ Sill St (Sill & Avon)  
LaCrosse WI

11AM Women Do Recover  
CW Womens  
St Mary's School Library  
(West door, downstairs)  
1315 W Broadway  
Winona, MN

Key:

C=Closed O=Open W=Accessible

\*\*\*All meetings non-smoking\*\*\*

TWELVE STEPS of NA

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God *as we understood Him*.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Phone numbers

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God, Grant me the serenity,  
 To accept the things I cannot change,  
 The courage to change the things I can,  
 And the wisdom to know the difference.

# Narcotics Anonymous Meeting List



Big Rivers Area of Narcotics Anonymous  
 PO Box 3765 La Crosse, WI 54602

Contact us:

(866) 579-7534  
 WI: (800) 240-0276  
 MN: (877) 767-7676  
[www.na.org](http://www.na.org)  
[www.wisconsinna.org](http://www.wisconsinna.org)  
[www.bigriversna.org](http://www.bigriversna.org)

Area Service committee meets 1PM to 5pm  
 2<sup>nd</sup> Saturday of each month  
 @ Wesley United Methodist Church  
 721 King St, La Crosse WI 54601