#### **SUNDAY**

Noon New Life

OW Coulee Recovery Center

933 Ferry St

La Crosse, WI 54601

7PM New Life

CW Coulee Recovery Center

933 Ferry St

La Crosse, WI 54601

#### **MONDAY**

7PM More Cowbell OW Basic Text Study

> Journey Lutheran Church 2703 Sand Lake Road Onalaska, WI 54650

7:30PM Clean and Serene

CW Trinity Lutheran Church

612 N Water St Sparta, WI 54656

#### **TUESDAY**

5:30PM Tuesday Night Text Message -6:45PM Family & Childrens Center OW (basement – rear entrance) 1321 N Main Street Viroqua, WI 54665

## **TUESDAY** (Continued)

6-7PM Ties that Bind Grow Stronger w/Time CW Bridges United Methodist Church

721 King St (8<sup>th</sup> & King)

(8<sup>th</sup> street entrance, ring bell)

La Crosse, WI 54601

7PM Women Helping Women

CW Womens

Christ Episcopal Church 111 9<sup>th</sup> St N (upstairs) La Crosse, WI 54601

#### WEDNESDAY

5:30PM It Works

C Riteway Club (Upstairs) 805 ½ Sill St (Sill & Avon) La Crosse, WI 54603

7PM More Cowbell

OW Living Clean Study

Journey Lutheran Church 2703 Sand Lake Road Onalaska, WI 54650

#### **THURSDAY**

7:30PM Amethyst Group

CW Coulee Recovery Center

933 Ferry St

La Crosse, WI 54601

7:30PM Clean and Serene

CW Trinity Lutheran Church

612 N Water St Sparta, WI 54656

#### **FRIDAY**

7PM Friday Night Discovery NA OW Family & Childrens Center

(basement – rear entrance)

1321 N Main Street Viroqua, WI 54665

7:30PM Work it!

-9PM Riteway Club (Upstairs) O 805 ½ Sill St (Sill & Avon)

La Crosse, WI 54603

## **SATURDAY**

10AM It Works

C Riteway Club (Upstairs) 805 ½ Sill St (Sill & Avon) La Crosse, WI 54603

11AM Women Do Recover

CW Womens

Wesley United Methodist Church 114 Broadway (Broadway & Main) (rear entrance, off the parking lot across from the library) Winona, MN 55987

Key:

C=Closed O=Open W=Accessible
\*\*\*All meetings non-smoking\*\*\*

#### TWELVE STEPS of NA

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
- 2. We came to believe that a Power greater than ourselves could restore us to sanity.
- 3. We made a decision to turn our will and our lives over to the care of God *as we understood Him.*
- 4. We made a searching and fearless moral inventory of ourselves.
- 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- 6. We were entirely ready to have God remove all these defects of character.
- 7. We humbly asked Him to remove our shortcomings.
- 8. We made a list of all persons we had harmed, and became willing to make amends to them all.
- 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.
- 11. We sought through prayer and meditation to improve our conscious contact with God *as we understood Him,* praying only for knowledge of His will for us and the power to carry that out.
- Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

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God, Grant me the serenity,
To accept the things I cannot change,
The courage to change the things I can,
And the wisdom to know the difference.

# Narcotics Anonymous Meeting List



Big Rivers Area of Narcotics Anonymous

Contact us:

www.bigriversna.org (866) 579-7534 PO Box 3765 La Crosse, WI 54602

> www.na.org www.wisconsinna.org

For meetings in MN check https://www.naminnesota.us/

Effective October 2018